100 years of growing experience condensed to give gardeners the best possible selection of fruit for the home garden, Fleming’s *Pick of the Crop™* is the ultimate guide for a great home harvest. Whether you have a small space, a pot-about garden or a large home orchard – *Pick of the Crop™* is all you need to bring your garden to fruition.

Selected for style, taste, texture and growing – these trees are fabulous in more ways than one and superior to their counterparts. Eat ‘em fresh with *Pick of the Crop™*.

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“This hand-picked selection from Fleming’s guarantees gardeners with a collection of what we consider the best fruit available for home orchards in Australia.”

My family have been growing trees for generations... I’ve followed in my father’s footsteps, who followed his father’s into the business. It’s with these generations of experience that we have developed a collection of fruit trees that are the best to grow at home - forget the rest. Happy home harvest! Wes

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Selected for style, taste, texture and growing – these trees are fabulous in more ways than one and superior to their counterparts. Eat ‘em fresh with *Pick of the Crop™*.
Fleming’s range of Ballerina® Columnar Apple Trees will provide home gardens with a wonderful opportunity to use fruit in all sorts of situations.

These slender fruit trees grow in a tight narrow tree habit and form fruit along the trunk making them ideal for fence-lines, in a garden bed or in planter boxes. Will pollinate with other Ballerina® varieties and do not require pruning.

‘Bolero’ A: Named after the traditional Spanish dance, this delicious and rather juicy apple offers a sprightly flavoured flesh and orange-red blush over a green skin surface.

‘Charlotte’ A: ‘Charlotte’ is a very tasty apple with medium juice and creamy white flesh that is moderately firm. A bright red blush on sun exposed skin over a green base.

‘Flamenco’ A: If you like tang you will love ‘Flamenco’ – this apple offers excellent tangy flavour and juicy, creamy-white flesh. A red blush apple over a cream background.

‘Polka’ A: A bohemian dance, the polka is jolly and bright just like this yellow-green apple which offers a delectable sprightly flavour and moderately firm texture. ‘Polka’ will develop a slight rosy blush on sun-exposed skin.

‘Waltz’ A: You will be dancing on air with this sprightly flavoured apple which offers creamy white and juicy flesh over a very red skin that polishes beautifully.

“A great use for columnar fruit trees is that tricky spot beside the driveway – it’s the perfect space for the tight, upright growing habit of Ballerinas®, and they produce beautiful apples.” Wes 

All sizes are approximations at maturity and may vary with soil and site conditions.
Low Maintenance

Compact

A new selection of columnar style fruit trees – the Skinny® range are the perfect ‘tight space’ solution and include ‘Dita’ (Apple) and ‘Crimson Rocket’ peach.

‘Dita’ (Apple)
A flavoursome blush-red apple with excellent eating qualities with a slight tang (pollinate with Easy Care™ Apples: Crimson Crisp™ or Pixie Crunch™).

‘Crimson Rocket’ (Peach)
Produces a yellow-fleshed peach that is firm, sweet and aromatic. The medium-sized fruit stores well and softens when completely ripe and is great for eating fresh and cooking in desserts. Self-pollinating.

‘Crimson Rocket’ is the first columnar peach to be released in Australia. Their branches grow naturally upright and retain a narrow shape. Approximately 2m tall. A sweet, juicy dessert-style peach – yum!

Columnar Fruit Trees do not require pruning.

All sizes are approximations at maturity and may vary with soil and site conditions.

Fleming’s Pick of the Crop™

www.flemings.com.au
Miniature Fruit Trees

These miniature fruit trees are sensational space-savers, not only are they gorgeous to look at, they also produce beautiful, luscious fruit.

Trixzie® trees are the smallest growing of their type – they may be dwarf in tree size but not in fruit size. They will produce full sized fruit from as early as two years.

Featuring apples, peaches, nectarines, cherries and pears, the Trixzie® range of miniature fruit trees are perfect for small gardens, growing in garden beds where sun is accessible, in large pots or planter boxes and are great for courtyards.

Trixzie® Apple - ‘Gala’ The most dwarf of the Gala trees, the Trixzie® will grow to about 2 x 2m and produces a very sweet, good eating fruit with a lovely creamy white flesh. Pollinate with Pink Lady™.

Trixzie® Apple - Pink Lady™ The most dwarf of the Pink Lady™ apples which offers a delicious pale-pink apple with sweet-tart flavour and great eating qualities. Pollinate with ‘Gala’.

Standard sized fruit trees can pollinate any of the above if required. For example a Trixzie® ‘Gala’ apple may be pollinated by a standard Pink Lady™ apple, Trixzie® Pink Lady™ or Dwarf Pink Lady™, or by a standard size Pixie Crunch™ or ‘Red Fuji’ apple tree.

Trixzie® Cherry - Black Cherree® - A delightful, medium-to-dark red fleshed cherry with a very good flavour. A small tree growing to approximately 2.5m x 2.5m.

Trixzie® Cherry - White Cherree® Produces excellent crops of very sweet, white-flesh cherries on a compact tree growing to approximately 2.5m x 2.5m.

Trixzie® Nectarine - ‘Nectazee’ (d) This nectarine is the most dwarfing of its type and will grow to approximately 1.5m x 1.5m. It features very sweet full-sized and full-flavoured nectarines.

Trixzie® Peach - ‘Pixzee’ (d) A beautiful very small growing miniature peach tree with tasty full size fruit. Approximately 1.5m x 1.5m

Trixzie® Pear – ‘Pyvert’ (d) The most dwarf form of pear this little beauty will grow to approximately 1.5m x 1.5m. Very green full sized pears will be sweet to eat fresh, stew and cook.

PRUNING: The Trixzie® apples and cherries may require a small prune every year to keep neat and fresh although the pear, nectarine and peach will not require pruning at all.

Self Pollinating: Black Cherree®, ‘Nectazee’ (d), ‘Pixzee’ (d) and ‘Pyvert’ (d) Pear

All sizes are approximations at maturity and may vary with soil and site conditions.
Apples can be grown in temperate zones or highland parts of the sub tropics but most apples do best in cooler areas as they require the cold months to produce flowers for pollination in spring.

**Easy Care™ Crimson Crisp™**
A dark red blush skin with tart yet sweet fruit. Pollinate with Pixie Crunch™.

**Easy Care™ Pixie Crunch™**
A red blush on sun exposed fruit covers a well-balanced crisp and juicy flesh. Pollinate with Crimson Crisp™.

The Easy Care™ apples are ideal for low maintenance/organic gardening as they are very resistant to apple scab and black spot.

**‘Gala’**
Delicious, round apple with an excellent sweet flavour and firm, crisp and juicy flesh. Skin is bright red on exposed areas with a self-stripe over a yellow ground colour. Pollinate with Pink Lady™.

**‘Golden Delicious’**

**Pink Lady™**
Selected in Western Australia in the 1970’s, Pink Lady™ is a lovely pale-to-mid pink flesh apple with excellent tart eating qualities and is great for eating fresh, and for cooking. Pollinate with Easy Care™ Apples, or ‘Gala’.

‘My personal favourite apple is the ‘Golden Delicious’. It was found in a little orchard in West Virginia, USA in the 1930’s and was once described as like eating champagne.” Wes

The following stone and pome fruits have been selected for their ease of growing, cropping and of course flavour, these truly are the ‘Pick of the Crop’!
Almonds
Almonds can be grown successfully in cooler areas of Australia, best results are achieved in areas with warm dry summers.

All-in-One™ Almond
Excellent, self-pollinating almond that bears heavy crops of soft-shelled almonds with good, sweet flavour. The compact All-in-One™ tree is 20 to 30% smaller than a regular sized almond tree making it more compact than other forms. All-in-One™ is great for planting as a duo & trio with other stone fruit.

Apricots
Apricots have been around for hundreds if not thousands of years and generally grow to about 3.5 metres. They are best grown in full sun and prefer well-drained soil.

F2 Fruit® ‘Cot N Candy’ (1)
A delightful cross between an apricot and a plum, ‘Cot N Candy’ (1) looks like an apricot and is very sweet with a slightly ‘plumy’ aftertaste – a good balance of each fruit. This cultivar is great for espalier or planting as a duo & trio.

‘Moorpark’
Featuring a rich true ‘apricot’ flavour, ‘Moorpark’ is perfect for eating fresh, stewing, drying and juice.

‘Moorpark’ apricot was developed in England during the 1600’s and is still considered one of the best eating apricots available in the world. ‘Moorpark’ is the ideal home garden apricot.

Cherries
Cherries are either white or red fleshed. They also provide beautiful ornamental value with stunning blossom in spring.

‘Lapins’
This self-fertile cherry is an excellent bearer of fruit and a wonderful growing tree to boost producing firm, dark-red, juicy cherries.

‘Royal Rainier’ (1)
The best flavoured, sweet, white-fleshed cherry that is very firm and juicy. The tree will grow vigorous and upright. Pollinate with ‘Lapins’.

‘Starkrimson’
A lovely large cherry with very good, well-balanced flavour that is great for fresh eating, jam and preserving. The tree is compact and spreading. Self-fertile.

To perform well and produce good crops, cherries like a cold winter and well-drained soils.

The best time to plant cherries is during winter. Like most fruit trees they like a feed in spring and autumn. Some varieties require pollination from another cherry variety to set fruit, but self-fertile varieties such as ‘Lapins’ and ‘Starkrimson’ can stand alone.
Nectarines are yellow or white fleshed and have long been sought after for their delicious sweet fruit. Early records show nectarines were common in France and Europe by the 1500’s and there were several varieties recorded in England by the 1600’s.

‘Arctic Rose’ (D) - A white-fleshed nectarine bred to produce a delicious sweet flavour is best when picked firm. This freestone nectarine is ideal for duo & trio planting.

‘May Grand’ - A wonderful yellow fleshed all-round nectarine ideal for eating fresh, cooking and preserving. This nectarine is ideal for duo & trio planting.

‘Queen Giant’® - A large white-flesh nectarine which is renowned for its excellent flavour. Queen Giant® will produce good crops annually. Ideal for espalier.

Okee Dokee® Nectarine - A unique ‘flat’ style nectarine with loads of character and great taste. Its ‘squat’ shape makes it perfect for the lunchbox and looks great on display. Okee Dokee® trees will grow to about 3 x 4m and originate from a cross between a standard variety and a saucer-shaped nectarine that has been grown across parts of Asia for more than 400 years.

All nectarines are self-pollinating.

F2 Fruit® ‘Spicezee’ - A cross between a nectarine and plum, ‘Spicezee’ is a new taste sensation. Featuring a light crisp flesh and sweet quality mixed with the mild tang of the plum, this new fruit is a beautiful tree in the garden with unique seasonal purple foliage. Ideal for duo & trio planting.

“Both ‘Spicezee’ and ‘Sugar N Spice’** are beautifully refreshing fruits with sweet flavour and crunchy flesh… also great in summer salads”. Wes

F2 Fruit® ‘Sugar N Spice’* - A delightful, crisp yet sweet fruit with pale green-to-white flesh and rustic red-yellow skin. The tree features unique purple foliage which will eventually mature to green.

Cross bred fruit are created via hand pollination and are 100% natural. Although they require the intervention of man to be developed they are not genetically modified in any way.

Nectarines and peaches can be prone to leaf curl so make sure you spray early, mid and late winter and always clear leaf fall in autumn. A tree infected with leaf curl needs to have its leaves stripped and removed to help prevent it from the following season.

*Eligibility of this plant as a registrable plant variety under Section 43(6) of the Plant Breeder’s Rights Act 1994 will expire on 1.5.14.

All sizes are approximations at maturity and may vary with soil and site conditions.
Peaches

Peaches are beautiful to eat whether fresh from the tree, in salads, stewed, cooked in desserts, preserved or dried. Their fuzzy skin is a feature and delectable juicy fruit is either white or yellow.

**Double Jewel®** - Very pleasant eating and cooking fruit with a juicy yellow flesh. This tree features lovely double pink spring floral display. Great for espalier or duo & trio planting.

**‘Tasty Zee’ (f)** - This is one of the best sweet tasting white fleshed fruit available and is ideal for eating fresh and drying. Freestone.

**Okee Dokee® Peach** - Exciting ‘flat’ style peach with yellow flesh and excellent flavour. Great for the lunch box and attractive in a fruit bowl! Tree will grow to about 3m x 4m. Ideal for espalier or duo/trio planting.

“These really are the ‘Pick of the Crop’ when it comes to peaches – they are far superior to anything else for flavour, texture and home growing.” Wes

Peaches originated in China around 2000BC. Interestingly, paintings of peaches were discovered in the Mt Vesuvius destroyed town of Herculaneum in Italy from 79BC which suggests they have been common across Europe for centuries.

Peaches are self-pollinating.

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**Pears**

There is no clear reference point to when pears came into being – in fact some believe there is evidence of pears in prehistoric eras, however as long as humans have been around there seems to have been delicious, juicy pears.

**‘Beurre Bosc’** - Features a highly ornamental russet skin with very juicy textured flesh that is excellent in season. Pollinate with **‘Williams’ pear**.

**‘Williams’** - Featuring a firm white flesh and glossy green maturing to yellow skin, Williams is a great eating pear that will keep well and crop abundantly. Partially self pollinating (plant with ‘Beurre Bosc’ for certainty) and ideal for espalier.

‘Beurre Bosc’ and ‘Williams’ pears will produce mature fruit during summer and may be harvested before they are fully ripe, mid ripe or while still green. Those harvested when green usually will keep the longest if cool-stored or refrigerated.

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**Nashi**

Nashi fruit (Asian pear) is believed to have been introduced to Australia by the Chinese during the gold rush in the 1800’s. The fruit has only been in commercial production for about 25-30 years in Australia.

**‘Nijisseiki’** - A delightful fresh and crisp fleshed Asian pear that is largely round in shape. Partially self pollinating (plant with ‘Williams’ pear for certainty), ideal for espalier. Perfect in fresh summer salads.

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All sizes are approximations at maturity and may vary with soil and site conditions.
Plums

F2 fruits are naturally cross-bred varieties. A wonderful combination of a plum and an apricot, F2 plums offer improved quality and flavour and are sweeter and superior in taste.

F2 Fruit® ‘Flavor Rouge’ ()
This new plum cross with apricot is a fabulous eating and cooking fruit with a very sweet and flavoursome flesh. Ideal for espalier and duo & trio planting. Pollinate with ‘Marcia’s Flavor’ ()

F2 Fruit® ‘Flavor Supreme’ ()
If you like your fruit sweet and tasty this is the choice for you. A sweet plum and apricot cross with dark pink to red flesh. Semi-freestone. Ideal for espalier. Pollinate with ‘Mariposa’.

F2 Fruit® ‘Marcia’s Flavor’ ()
A cross between a plum and apricot, ‘Marcia’s Flavor’ () is a new sweet plum that has been naturally bred for enhanced natural sugars – yum! Pollinate with ‘Primetime’ (). Great for espalier.

"With the development of the F2 Fruit® – plums are more exciting than ever. Enhanced by increased natural sugars – their flavour is rich and well balanced with flesh that won’t go mushy." Wes

Plums

Plums are delicious and are a fabulous addition to any home orchard. Here are the plums no home should go without – pick one of these plums fresh from the tree and you will never turn back.

Blood-red, red and yellow flesh plums will deliver varying degrees of sweetness and tartness. Easy to grow, the natural habit of the plum tree is multi-branched and will usually reach about 4m x 4m at maturity.

‘Luisa’ () Plum – This Japanese plum is a beauty. A yellow-fleshed plum with a lovely oval shape – ‘Luisa’ () is sought-after for being self-fertile and has been described as partially disease resistant in overseas locations.

‘Mariposa’ – A delicious sweet Japanese blood plum with very dark, juicy flesh that will run down your chin! Pollinate with ‘Flavor Supreme’ (). Ideal for espalier.

‘Primetime’ () – A good ‘meaty’ Japanese plum - ‘Primetime’ () is sweet, juicy and very good to eat. Medium-to-large with light pink to red flesh as it matures. Pollinate with ‘Santa Rosa’. Ideal for espalier. A sensational eating plum.

Plums are low in fat, calories, cholesterol and sodium, and they are high in carbohydrates. Plums are a very healthy fruit – they are a great source of vitamin A and C as well as calcium, fibre, iron, magnesium, and potassium.

All sizes are approximations at maturity and may vary with soil and site conditions.
Pollination

Many fruit trees require another variety of the same fruit type to help pollinate the flower in order for it to produce fruit. For instance a ‘Golden Delicious’ apple needs either a ‘Granny Smith’, ‘Jonathan’, ‘Red Delicious’ or a ‘Red Fuji’ nearby in order to produce fruit.

Nectarines, peaches and apricots are largely self-fertile and do not require another type to produce fruit. Those fruits that do require a pollination partner need to ensure they are paired with a same fruit type that blooms at the same time which is why pollinating friends are so specific.

A cross-section of a stone fruit flower.

Espalier Fruit

Many fruit trees can be ‘espaliered’ – or grown along wires or trellis to create a space saving tree or a specific effect. Popular throughout the times, the word espalier is French and derived from the Italian word spalliera, meaning “something to rest the shoulder against” and was originally the name of the actual trellis although is now the common term for this style of growing a fruit tree.

Espaliering trees can be as easy or complicated as you like and often becomes a gardeners passion. There are many different forms of espaliering and each season allows the form to take greater shape.

To start a basic espalier simply take your young (1-2 year old) fruit tree and prune away all but two even branches that may be lightly pulled down to the lowest wire and tied in the middle and end. You are training these branches to grow horizontally.

As the tree shoots more branches, continue four of them up to the next wire positioned about 15cm above the first wire and tie at the base of a bamboo stake. That will allow you to train the branches to grow vertically. And so on.

Common espalier forms

For more information please refer to www.flemings.com.au - Help Guides.
If you are looking for more value for your space – you can always try planting fruit trees as a duo or a trio. Duo and Trio is the term used for growing two or three fruit trees in the same hole. A wonderful way to save space in the garden and have more varieties to choose from. For instance you can grow two different types of pear together or three types of peach.

Prune your trees
Maintaining a home orchard is not as mysterious as many believe. Providing you follow some simple rules, your home orchard will not only survive but it will thrive and reward you with abundant fruit year in, year out.

Pruning fruit trees is very easy and doesn’t have to be a difficult or technical process. There are many books on pruning and if you wish to entrench yourself that is a great way to go. But if you are simply happy with an easy, fuss tree approach to maintaining your fruit tree here is the easiest guide to pruning.

Bare Root:
If you have purchased a bare root tree you will need to prune it. Fleming’s recommend pruning your tree prior to planting – simply because it is easier. A bare root tree has been grown in a paddock and dug out by ‘diggers’. This process leaves about half of the root system behind but the tree has its entire top. To ensure the tree gets the best start and grows well in spring, you should prune the tree by 30 – 50%.

It is not necessary to be overly concerned with which bud to prune to or if a branch is pointing in the right direction, simply prune off about half of the branch and do this evenly across the tree. An easy way to measure this is to use the first branch you prune off and match its length to the remaining branch you have just pruned then use it as a measuring stick for the rest of the branches. Easy.

Established Trees:
Winter, while your fruit tree is dormant, is the perfect time to prune. Fleming’s recommend a simple ‘vase-shape’ prune which will bring sun into your tree to help increase natural sugars in the fruit for better tasting results. To establish a vase shape remove most limbs that are growing towards the centre of the tree – this will leave a little hollowed out area. Prune these limbs right back to the main branch.

Remove any old or dead limbs. Trim the top of the tree between 50-100cm depending on the height and age of the tree. If there is a funny limb heading off in an odd direction that you don’t like – simply prune it off.

Pest & Disease Control
Keeping your fruit trees healthy can be helped by a few very simple methods:

1. Clear fallen leaf matter before it starts to decompose.
2. An organic compost will give a steady release of nutrients and encourage a wide range of healthy soil organisms such as worms which are good for good soil – and ultimately feeds your tree.
3. Remove old/dead wood.
4. Remove left over fruit at the end of the season as rotting fruit may attract predators.
5. Use nursery recommended sprays to maintain your trees health – for instance copper spray in winter will control leaf curl in nectarine, apricot and peaches.

For more information please refer to www.flemings.com.au - Help Guides.
Established in the early 1900’s, family business, Fleming’s Nurseries has grown to become one of Australia’s leading growers of fruiting, ornamental and native trees and shrubs.

A third generation nurseryman, Wes Fleming was ‘born and bred’ growing trees. From boyhood, Wes has worked in all areas of the company including tree work, production, driving trucks on delivery, to marketing and sales.

Today as director of the company, Wes is focused on delivering the best wholesale trees in Australia and remains dedicated to sourcing and importing new and improved cultivars from overseas.

**Pick of the Crop™** is a carefully chosen selection of superior fruit trees ideal for the home garden – here you will find old favourites like the ‘Moorpark’ apricot to some of the best new introductions available today.

www.flemings.com.au